



Time Traveler Checklist

These points are designed to be the foundation of a platform that will propel you to becoming the real you. The one you were meant to be.

“I’m an explorer of human potential, not necessarily how far we can push ourselves alone, but how we can become who we’re destined to be. “

– Michael Olsen Founder of Ocean Land Sky

This checklist is a framework intended to be the starting blocks of your time traveling journey. Give up your time to do these steps thoroughly and you will receive something far greater, than you ever expected...

Step 1: Find Your Vision

What is the ultimate goal? What is the end game? Where are you going? Don't focus on the why here; we'll get to that. This is what you will become, this is the vision of your life, who you want to end up being. If you're visual like me, create a vision board with pictures. This may change a bit over time, but do your best to see the end from the beginning. We can not be wise in our chosen field without a clear vision. I've used this quote before, but it can't be reiterated too much.

“Start with the end in mind.”

— Stephen R. Covey, *The 7 Habits of Highly Effective People*

You need to know where you are going or you will be tossed on the sea of confusion drifting without purpose.

Step 2: Find Your Niche

What are you really good at? And what could you be the best in the world at? What is your passion? What gets you excited? I mean REALLY excited.

Example: I like water sports, I like real estate, I like architecture, so combined these into a business. I find epic locations close to bodies of water, and sets up a water sports rental and retail shop in a modified shipping container. True story.

To be honest this may also change slightly as you grow older, but it's more important that you experiment on what you think it is now, instead of standing at the crossroads wasting your valuable time.

Step 3: The big WHY's

*Now this must be in harmony with steps 1 and 2.

Find Your Why - If you don't know your deep down "why's" then this will never work. This is the fundamental of fundamentals; the sure foundation, the underpinning to everything you will do. If you never get truly vulnerable and entirely truthful with yourself, then you will never master time. Get to know you. Get to know your "why's".

Simple example: Why do you want to start a surfing business? Because I like surfing. Why surfing? It's fun and I love the ocean. Why is it fun? It makes me feel amazing, it brings balance to my life. Why a surf business then? Because I want as many people to feel that same feeling of balance from being in the ocean. By asking the deeper why's it helps makes clear what you really want to do and gives you enough drive to do it. In this case it seems obvious a business that teaches surf lessons and excursions would be perfect.

Step 5: Make Systems

Start systemizing your life. When “X” happens then “Y” follows and then “Z” finishes it up. Start with your personal life, then go onto your business. Stop wondering where you put that person's phone number or card. Create a system to file them or enter them right away or take a picture of them right when you get them from someone. Create your own systems. They will free up your mind and you'll have everything at your fingertips.

“I value self discipline, but creating systems that make it next to impossible to misbehave is more reliable than self control. “

- Tim Ferris, Four hour work week

Step 6: Change the way you think and act

Now you have time to think at a higher level. This is the ideal goal, to get to the point where what you do is correlated with a higher purpose.

If you were to split up the time in your day, it would look something like this:

80% High Level Thinking - Thinking deep; come up with an enormously grand visions. Shoot for the moon! Strategic planning, high level creating, and formulating plans. This zone enables you to create vision, coming up with innovative ideas, and strategizing the next moves of the company. This is the most important role you will play, without it the company stagnates and assuredly fails.

20% High Level Action - This boils down to things such a as being the face of the company/ idea/movement, and doing the hustle where needed. This includes high level meetings, investor relations, connecting, and spreading the momentum of the business.

Now remember, you want to get here, this will take some time, but this is this still the goal. At this point, you will have the time to help in any area of the business as needed.

Begin the transition of flipping the use of your time. You can't lead your company without high level strategy at your fingertips.

Step 7: Give Your Time To Others

There is a phenomenon that occurs as you give your time to help others. So now that you have freed up your own time, start giving some to others. Give and you shall receive. I have tested this theory, during busy times in my life, I have served other people that needed help and somehow I was able to get the same amount done and sometimes more. Time stands still as you serve those around you.

“The time we spend with others is precious,
the time we create for others is priceless.”

— Benjamin Hardy, Slipstream Time Hacking

These are obviously the basics, the fundamentals. For example, if you've gone through the theory of math and then onto the application and further to the far reaches of the subject, you know that as you learn more and dig deeper into the fundamentals, knowledge and hidden treasures of truth emerge. This is true in all the fundamentals of life.

You are investing in futures - yours and others you will bring on your inevitable journey of a successful life.

You build a foundation, you create, you get cultured, you ninjafy your life with systems, you search for the new and unseen, you connect your findings in a whole new way, you conquer new feats, you adapt to your surroundings, you become a complete SUPER HUMAN.

Congratulations. If you have started implementing these steps you are on your way to real time traveling. You will now stop selling your time to your distractions and frivolous addictions because your feet are on the right path. You know your whys, what you're good at, strategies to get where you want to go, and you are disciplining yourself to become the best you the world will ever know.

In the future you will have more time to do what you were meant to do. That doesn't necessarily mean you do everything you want to do, but it will eventually come to mean that.

Get out of the way of yourself and let the cycle work! Let lightning strike!



